



ועד העיר דמונטריאל

JEWISH COMMUNITY COUNCIL OF MONTREAL
CONSEIL DE LA COMMUNAUTÉ JUIVE DE MONTRÉAL

REPRESENTATIVE OF MONTREAL JEWRY

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DRIED FRUIT & NUTS SHVAT 5772 – FEBRUARY 2012

- **APPLES** – Must bear a reliable Hechsher.
- **APRICOTS** – DOMESTIC – No Hechsher required. **Must be checked for infestation.**
- **APRICOTS** – TURKISH – No Hechsher required. **Must be checked for infestation.**
- **BANANA CHIPS** – Must bear a reliable Hechsher.
- **BLUEBERRIES** - Must bear a reliable Hechsher. **Must be checked for infestation (WILD).**
- **CAROB – BUXER** - No Hechsher required. **Must be checked for infestation.**
- **CHERRIES** - Must bear a reliable Hechsher.
- **COCONUT** – UNSWEETENED – No Hechsher required – untoasted only.
- **COCONUT** – SWEETENED – Must bear a reliable Hechsher.
- **CRAISINS** - Must bear a reliable Hechsher.
- **DATES** – GLAZED – Must bear a reliable Hechsher.
- **DATES** –TUNISIAN – Tunisian dates in retail packaging should NOT be used.
- **DATES** – WHOLE - No Hechsher required. (No oil) **Cut open and check for infestation.**
- **FIGS** – WHOLE - No Hechsher required. Cut open and check for any discoloration or white worms. **It is very difficult to check for infestation and preferable not to use.**
- **FIGS** – SLICED & DICED – Must bear a reliable Hechsher. **Must be checked for infestation.**
- **GINGER** - No Hechsher required.
- **KIWI** - Must bear a reliable Hechsher.
- **MANGO** - Must bear a reliable Hechsher.
- **NECTARINES** - Must bear a reliable Hechsher.
- **PAPAYA** – Must bear a reliable Hechsher.
- **PEACHES** - Must bear a reliable Hechsher.
- **PEARS** - Must bear a reliable Hechsher.
- **PINEAPPLE** – Must bear a reliable Hechsher.
- **PRUNES** - Must bear a reliable Hechsher.
- **SUGAR-COATED FRUIT** – Must bear a reliable Hechsher.

NUTS

- **ALMONDS DRY-ROASTED** – Must bear a reliable Hechsher.
- **ALMONDS RAW** – No Hechsher required.
- **CASHEW NUTS RAW** – No Hechsher required. **Must be checked for infestation.**
- **CASHEW NUTS ROASTED** – Must bear a reliable Hechsher. **Must be checked for infestation.**
- **PEANUTS ROASTED - SHELLED** – Must bear a reliable Hechsher.
- **PISTACHIO NUTS ROASTED** – Must bear a reliable Hechsher.
- **PISTACHIO NUTS RAW** – No Hechsher required.
- **SUNFLOWER SEEDS RAW** – No Hechsher required.
- **SUNFLOWER SEEDS ROASTED** – Must bear a reliable Hechsher.
- **WALNUTS RAW** - No Hechsher required. **Must be checked for infestation.**

ALL SHELLED-ROASTED AND/OR SEASONED NUTS MUST HAVE A HECHSHER.
MAKE SURE TO CHECK FOR INSECTS WHERE APPLICABLE.
ANY FRUIT OR NUTS FROM ISRAEL MUST HAVE A RELIABLE HECHSHER.